



FRALEY & ASSOCIATES
PLLC

LEGEND EQUINE ASSISTED PSYCHOTHERAPY (LEAP) INCORPORATES HORSES EXPERIENTIALLY FOR COGNITIVE AND EMOTIONAL GROWTH AND LEARNING.

IT'S A COLLABORATIVE EFFORT BETWEEN A LICENSED THERAPIST AND A HORSE PROFESSIONAL WORKING WITH CLIENTS AND HORSES TO ADDRESS TREATMENT GOALS.

BECAUSE OF ITS INTENSITY AND EFFECTIVENESS, IT IS USUALLY A RELATIVELY SHORT-TERM, OR "BRIEF" APPROACH. INDIVIDUAL NEEDS AND PREFERENCES MAY VARY HOWEVER AND TIME WITH THE HORSES WILL BE TAILORED TO THE GOALS AND DESIRES OF THE CLIENT.

CLIENTS LEARN ABOUT THEMSELVES AND OTHERS BY PARTICIPATING IN ACTIVITIES WITH THE HORSES, AND THEN PROCESSING AND DISCUSSING FEELINGS, BEHAVIORS, AND PATTERNS.

THIS APPROACH HAS BEEN COMPARED TO THE ROPES COURSES USED BY THERAPISTS, TREATMENT FACILITIES, AND HUMAN DEVELOPMENT COURSES AROUND THE WORLD. LEAP HAS THE ADDED ADVANTAGE OF UTILIZING HORSES, WHICH ARE DYNAMIC, SENTIENT AND POWERFUL LIVING BEINGS.



EQUINE
"LEAP"
THERAPY



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EQUINE THERAPY

INDIVIDUAL, FAMILY & GROUP
SESSION FEES UPON REQUEST

INDIVIDUAL THERAPY

INDIVIDUAL, FAMILY & GROUP
SESSION FEES UPON REQUEST

RESEARCH

DR. FRALEY CONDUCTS ONGOING
RESEARCH IN THE MENTAL HEALTH
ARENA. PLEASE CONTACT US

PUBLIC SPEAKING

DR. FRALEY IS AVAILABLE FOR
SPEAKING ENGAGEMENTS, FEES
UPON REQUEST



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